

Rest in God
Psalm 62

In what areas of my life do I need to rest?

(Emotions, desires, marriage, child raising, financial, illness, single-ness?_____)

1. Learn to let go and let God. (1-2)

A. Admit that I can't obtain my salvation in any area of my life - God must do it for me. (the essence of sound Biblical doctrine - Grace)

- I. Positionally (i.e., eternal well being)
- II. Practically (i.e., earthly well being)

a.) I won't get practical rest until I get positional rest.

B. So it starts with salvation. (Ephesians 2:8-10)

C. Our salvation starts with resting in God and our life is lived out practically through that same rest.
(Hebrews 3:12-4:11)

2. The Enemy is going to try to knock you down from this philosophy of life. (3-4)

A. 1 Peter 5:6-9

3. Keep practicing letting go and letting God. Make it a forefront issue in your life - a life-theme so-to-speak. (5-8)

4. Never trust in men or money to deliver you from your problems. (9-10)

A. Jeremiah 17:5-10

5. Take God at His Word. (11-12)

A. Only He has the power to to give you rest.

B. He loves you more than anyone else.

C. He'll reward you with rest in any area of your life if you let go and let Him do it His way.

- I. It may not be in your time or your way, but it will be what's best in the end.or God's Name and glory.